


SUNDAY	MUSIC MONDAY	TASTY TUESDAY	WORK TOGETHER WEDNESDAY	ARTSY THURSDAY	FAMILY FRIDAY	SATURDAY
	<b>1</b> Sing a family-favorite song together in the car.	<b>2</b> Try different styles of the same food: roast, mash, and more.	<b>3</b> Your child can help set the table by counting and placing utensils.	<b>4</b> Tape paper to the underside of a table and draw upside-down!	<b>5</b> Ask your family to write or draw what made them happy today.	<b>6</b> For National Library Day, go borrow a new book or two.
<b>7</b> Blow bubbles and race to pop them!	<b>8</b> Use plastic bowls as drums and play some music.	<b>9</b> Math in meal prep: <a href="https://familymath.stanford.edu/math-snacks">familymath.stanford.edu/math-snacks</a>	<b>10</b> Help your child decide what to take pictures of while on a walk.	<b>11</b> Play "I Spy" or go on a shape hunt around the house.	<b>12</b> Read <i>Alma and How She Got Her Name</i> and talk about your names.	<b>13</b> Pull out a photo album for a trip down memory lane.
<b>14</b> Go for a walk outside and draw what you see!	<b>15</b> Sing a rhyming bedtime story like it's a song.	<b>16</b> Invite your child to write or draw the grocery list.	<b>17</b> Little ones can help put toys and clothes where they belong.	<b>18</b> Make your own play dough, then make your own sculpture!	<b>19</b> Reach out to grandparents or aunts and uncles with a video call.	<b>20</b> Help your child hold the door for someone else.
<b>21</b> Mix and match clothes for a family photo shoot.	<b>22</b> Use rubber bands to turn a cookie cutter into a tiny guitar!	<b>23</b> Find new recipes at <a href="https://www.myplate.gov/myplate-kitchen">www.myplate.gov/myplate-kitchen</a>	<b>24</b> Play as a team, like doing a puzzle or keeping a balloon in the air.	<b>25</b> Find some new authors at <a href="https://bit.ly/3xdQiTY">https://bit.ly/3xdQiTY</a>	<b>26</b> Go Fish? Popcorn and a movie? Have a little fun together!	<b>27</b> Let another person ahead of you at the grocery store.
<b>28</b> Build a blanket fort and read with a flashlight.	<b>29</b> Turn on some music without words and dance however you feel.	<b>30</b> Read <i>Growing Vegetable Soup</i> by Lois Ehlert. 